



ADVENTURES CLUB - PACKING LIST

Because Ascendigo Adventures Club takes place during changing seasons, the weather and temperatures can vary drastically. Please make sure to send your participant with appropriate attire and gear to ensure they are comfortable, happy, and healthy.

GEAR:

- **Day pack** (small backpack to carry water, beach towel, change of clothes, snacks, sunscreen, etc. to different daily activities.)
- **Pack lunch & snacks**
- Baseball cap or full brim hat
- Sunglasses
- **1 liter water bottle (for daily hydration)**
- Bath towel and beach towel or quick dry pack towel (for pool days)
- Swim Goggles (*Optional*)

CLOTHING

- Rain Jacket (waterproof)
- Long sleeved fleece hoodie or pullover (cool mornings & evenings)
- Bathing Suit
- Closed toe shoes (for horseback riding and hiking)
- Change of clothing (if your participant needs)