

## Ascendigo Summer Staff Campout Packing List

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We will leave for the staff campout soon after your arrival to CMC at 1pm on Thursday, June 6th. You will bring **ONLY** your camping gear on the trip and leave the rest of your goods in a locked CMC dorm room for safe keeping. We will return to CMC's on the evening of Saturday, June 8th. Please be sure to pack lightly but bring everything on this list.

Rifle's temperatures could be as high at 90 degrees during the day, and as low as 25 degrees a night. Ascendigo will have tents and shelters available for use of the staff. If you have a tent, feel free to bring it along.

\*If you have questions about camping, please contact Conlan at [cmcgough@ascendigo.org](mailto:cmcgough@ascendigo.org), or contact my cell phone at 970-219-3915.

### Camping Gear

- Day Pack
- Water Bottle
- Sleeping Bag
- Sleeping Pad
- Baseball hat or full brim hat.
- Sunglasses
- Warm beanie (hat)
- Long sleeve fleece hoodie or pullover
- Hiking or athletic shoes
- Heel strap sandals (Keen, Chaco, Teva)
- Travel mug for hot drinks
- Camp bowl or plate, and spork
- Towel
- Rain Jacket
- Light jacket to layer with fleece

### Hygiene

- Toothbrush
- Toothpaste
- Deodorant
- Feminine hygiene products
- Medications
- Sunscreen
- Lip Balm
- Contacts/ Glasses
- Hand Sanitizer

### Clothing

- 1 pair of pants
- 1-2 pair of shorts
- 3 pairs socks
- 2-3 pairs of underwear
- 2 Shirts
- Swimsuit
- Swim Shirt