

# FIRST - THEN

**Instructions:** Use this board for teaching to follow directions and learn new skills. The “First” activity is something your child needs to accomplish. The “Then” activity is something your child prefers to do. Use very few words. Point to the pictures. Stay focused on the pictures until your child agrees with the schedule. Use the board several times a day.

**Important:** Immediately provide the preferred activity after completing the first activity. Keep your promise! Praise your child for following the schedule. “All done with lunch! Now it’s time for video games! Great job!”

## EXAMPLE:

FIRST (take a shower)



## EXAMPLE:

THEN (video game)

